



**STUDENT TEACHER EXCHANGE VISIT**  
**WITH ACS COBHAM INTERNATIONAL SCHOOL, UK**  
**& DR ALPO MAUNO MBAMBA JUNIOR SECONDARY SCHOOL, RUNDU NAMIBIA**  
**15th – 22nd April 2016**



**Dr Alpo Mauno Mbamba Junior Secondary School**  
**Rundu Namibia**



**ACS Cobham International School**  
**United Kingdom**

**THE SCHOOL VISION:**

Committed to strive for excellence results. It envisioned all learners to obtain A—C symbol as a minimum in each subject.

**SCHOOL MISSION STATEMENT:**

To be a place of quality teaching and learning, and be committed to excellence in teaching, Learning as well as responsible in creating and critical ways to the needs of the learners.

**PHILOSOPHY:**

Through learning, inspire all to make a difference.

**CORE VALUES:**

- We engage in community
- We drive positive change
- We promote excellence through learning
- We enrich the international experience

ACS Cobham is situated in Surrey, 15 miles from Central London, ACS Cobham offers the International Baccalaureate Diploma and an American curriculum including the Advanced Placement courses. Accommodating both day and boarding requirements, with separate-wing dormitory facilities for over 100 boys and girls grades 8 to 12. ACS Cobham is also a sporting powerhouse at International Schools Sports Tournaments, having won the Eddie Huffard award for the past four years.



Dr Alpo Mauno Mbamba Junior Secondary School is situated in Kavango region, located in the west of Rundu town Centre about 1 and half kilometres. Dr Alpo was officially launched on the 1st of January 2000. Dr Alpo is one of the most leading schools in the region that accommodates a large number of learners. So far the school has a strong, active and energetic cultural group known as “The vultures of Mbamba”. The school also has a Choir known as “The Mighty Jordan”.

# Letter of Welcome from the Head of School, ACS Cobham International School



8 February 2016

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**From the office of The Head of  
School**

TO WHOM IT MAY CONCERN

Dear Sirs

ACS Cobham International School and the ACS Namibia Project have invited eight students and two teachers from Dr Alpo Mauno Mbamba Junior Secondary School in Rundu to visit ACS Cobham International School from the 14<sup>th</sup> - 22<sup>nd</sup> April 2016.

Ms Elizabeth Lucian (Principal) and Mr John Luneta (Administrator/Head of IT) will accompany the students. (list of travellers plus passport details attached)

The purpose of their visit will be to take part in an academic and cultural exchange with the students and teachers at ACS Cobham International School.

The ACS Namibia Project has purchased the airline tickets for the visitors from Namibia and with the support of ACS Cobham International School have undertaken to financially support the visitors for the duration of their stay in the United Kingdom.

We can confirm that the students will be accommodated in the ACS Cobham School Dormitory and that the teachers will be accommodated at the Premier Inn, Cobham. (details attached)

Yours faithfully

A handwritten signature in black ink, appearing to read 'Topy Eysele', written over a horizontal line.

Topy Eysele  
Head of School  
ACS Cobham International School

## **THE LEARNING OUTCOME FOR THE NAMIBIA PROJECT'S PARTNERSHIP WITH DR ALPO MAUNO MBAMBA JUNIOR SECONDARY SCHOOL.**

***Welcome to ACS and to the students and teachers on the Namibia Project.***

We are looking forward to sharing our culture with you and to learning more about you and your hopes and dreams for the future.

One of the ACS Core Values is ***"Through learning, inspire all to make a difference"***

We believe that personal development and global development are intrinsically linked and that you are the ***Global Citizens in the Making.***

We want your visit to ACS and the United Kingdom to give you an opportunity to engage in an experience that reflects the diverse world in which we live and to give you ways to connect and contribute to your personal development and to your school and community when you return to Namibia.

We hope that this academic and cultural exchange will give you an opportunity to challenge your personal view and help you to consider the world from a different perspective.

We work hard to empower our students and learners to cultivate respect for diversity and to inspire social responsibility. We encourage kindness for all and promote integrity even when decisions may be unpopular.

Enjoy your time with us and we look forward to keeping in touch with you and your school as we value the special partnership which ACS and the Namibia Project has with Dr Alpo Mauno Mbamba Junior Secondary School, in Rundu.

Ann and Rijn Brandse

Founders of the Namibia Project in 1999



***UBUNTU – all humanity is connected through a universal bond of sharing.***

***"We need to cherish the connections between ourselves and others to both depend on and care for those around us."***

***Desmond Tutu 1999***

# An introduction from the staff at ACS Cobham International School and Dr Alpo Mauno Mbamba Junior Secondary School

## Main Contacts in the High School



**Mrs Bo Wood**  
(Assistant Principal)

**Mrs. Tasha Arnold**  
(Namibia Link Teacher  
& Learning Support)



### Mr Mark Venn-Dunn (Head of Boarding)

Hello, I am very much looking forward to welcoming you to our school. I have worked here for nearly two years and think that ACS Cobham International School is a really wonderful place in which to study and learn. I am particularly fortunate because my role is to be responsible for everyone who lives and works in the Dormitory (our boarding house) as well as the programmes we run and the buildings themselves. Before I worked here I worked in a number of other boarding schools for 18 years and attended a boarding school as a student myself. In my spare time I enjoy sports (especially rugby), travel, hiking and learning about culture and history.

You will find that The Dormitory is extremely welcoming. Our students come from around 34 different countries and speak nearly 50 languages between them. They understand the value of friendship and the importance of meeting students from different places with different lives because it helps them to understand the world (and their place in it) much better. I can tell you that all of our students are excited that you are visiting and will give you a very warm welcome.



### We strongly believe that our learners will have a great understanding of different cultural diversity.

They will improve their English in both speaking and writing since in the UK English is a first language.

They will learn and adopt new teaching and learning approaches.

They will acquire great skills in analysing and solving of a problem.

They will be enhanced with broader general knowledge.

They will have self-confidence and be self-esteemed to become comfortable to confront challenges.

They will make long-life friendship and introduce a link to a family (Home).

They will be motivated and encouraged to make correct decisions and achieve their goals.

This trip will motivate them and the other learners to work hard academically and discipline wise so that they can be accorded a chance into this exchange program one day too.

Thank you very much

**Ms. E. Lucian and Mr John Luneta**

**Dr Alpo Mauno Mbamba Junior Secondary School**





**Global Citizens in the Making - Getting to Know You.**

**Personal Biography**

**Name:** *Bernadette Mapeu*

**Age:** *16 years old*



**Family information:** *My family consist of my mother, my sister, brother and myself.*

**Places where I have lived:** *We lived at Mbukushu and we came to Rundu when my father passed away.*

**My favourite quotation:**

*My favourite quotation is saved by Ms Lucian who told me to be serious with my school work.*

**My Inspirational Figure:**

*My inspirational figure is that I want to help people in a way that can make them pleased.*

**My Vision and Commitment towards a Better World.**

*My vision is that I want to be someone important and a respected person. I want when I complete my school to do a degree, I want to help people who are suffering in our community. I also want when I finish my school to be proud of myself and I want to pay back what my mother had done for me.*

**My Hopes for the Visit and Our Special Partnership**

*My hopes for the visit is to make a great partnership and I am glad that I have this chance to see you and meeting you will be a great moment. I am excited that you have invited us to make a great partnership I will be absolutely delighted to come.*



**Global Citizens in the Making - Getting to Know You.**

**Personal Biography**

**Name:** Eugene Haingura

**Age:** 16 years old



**Family information:** *I live in an urban area of our town called Tutungeni with my stepfather, two younger sisters but one of them is at a boarding school and my cousin who's from my stepfather's side of the family. I have not listed my mother because she lives in a different town called Oshakati where she is staying due to work reasons.*

**Places where I have lived:** *I was born in Rundu and never lived in any other parts of Namibia but have visited a few the parts of country.*

**My favourite quotation:**

*My favourite quotation is "A strong leader stands up for himself stronger leader stands up for others". I have heard this quote from my stepfather and it is my favourite because it inspires me to become a good leader and teaches me to help others when they are in need of assistance.*

**My Inspirational Figure:**

*My inspirational figure is my stepfather who is an almost well-known Architect and contractor. He is my inspiration because my dream is to become a an Architect just like him as he gives me advice about how to be a better person in society and gives me books that teach about architecture.*

**My Vision and Commitment towards a Better World.**

*My vision and commitment towards a better world is to become a Great and well known Architect in future so I can be able to draw plans of beautiful buildings that our community look like a more developed place and for the attraction of tourists so that our community and country will be able to be recognised by other countries.*

**My Hopes for the Visit and Our Special Partnership**

*My hopes for the visit and our special partnership is that our two schools shall continue to be as close as they are till this day and more students at our school shall be encouraged to work hard so that they may also be able to experience such a opportunities such as the one that has been offered to me and a few of my colleagues. I also hope that our strong partnership with ACS International School shall continue to be as strong as it is up to now.*



**Global Citizens in the Making - Getting to Know You.**

**Personal Biography**

**Name:** *Glen Barnabas Howaeb*

**Age:** *16 years old*



**Family information:** *I have a family that consist of my mom, Ms Veronica Howaes and two sisters by the names Karigus Elizabeth and Karigus Denisa.*

**Places where I have lived:** *I lived in Grootfontein thats is where I was born and later I and my family later came to Rundu this is where we are currently living.*

**My favourite quotation:**

*'DIVIDED WE FALL BUT, UNITED WE STAND' If we stand together as a Nation or partners in everything we will make it, and many or all of us will benefit. It does not matter in what condition we need to stick together and help one another we will make it. Together we can help to reduce the spread of HIV and AIDS, Reduce poverty and help the Government not to spend too much money on training new Doctors. That might have died from HIV/AIDS or maybe CANCER rather they build new schools and hospitals for the community as they help to reduce the Unemployment rate and help in the development of our countries.*

**My Inspirational Figure:**

*Is my mom Ms Veronica Howaes. My mother has gone through a lot, she trained me and my sisters through education. She has been our mother and father ever since day 1. She is all that we have, she makes sure we have food on the table each and every day, she is our foundation and back bone. We have her shoulders to cry on in time of trouble, comfort and she gives us advices. We thank God my elder sister just completed grade12.*

**My Vision and Commitment towards a Better World.**

*My vision is that I want to be someone important and a respected person. I want when I complete my school to do a degree, I want to help people who are suffering in our community. I also want when I finish my school to be proud of myself and I want to pay back what my mother had done for me.*

**My Hopes for the Visit and Our Special Partnership**

*I hope to spend more time and know more of your culture and ways on how you people live, we only see this things on television it will be a great honour working with you hand in hand. So we can also come and tell more to others as we will come back.*



**Global Citizens in the Making - Getting to Know You.**

**Personal Biography**

**Name:** *Irmgard Ndumba*

**Age:** *15 years old*



**Family information:** *I have 4 siblings, 3 sisters from my dad and 1 brother from my mom. At my dad's side I am the second born while at my mom I am the first born. I live with my aunt since both my parents do not work in Rundu the town that I school they all work in different towns. I live with my 3 cousins and all in total we are 5 including my aunt and me at my aunts house.*

**Places where I have lived:** *Since my childhood I lived in Rundu until now but I only go out when I'm going for holidays .*

**My favourite quotation:**

*My favourite quotation that was said by my aunt Hilda is "work hard at making your enemy your friend to prevent carrying a huge burden".*

**My Inspirational Figure:**

*My inspirational figure is Muremi Justine who is also my class teacher. She have taught me a lot of things about life and always tells us to work hard in order to achieve our goals.*

**My Vision and Commitment towards a Better World.**

*I want to be an educated girl, further my studies and become a chartered account one day and be successful in life. I would also like to help the ones in need of a better life or the poor ones especially poor people from our country by motivating them and to speak to them from experience. By achieving this I will try my level best through the grace of God to study hard and get good grades to my final grade that is grade 12 for me to get a scholarship so that one day I will be inspirational figure for the youth.*

**My Hopes for the Visit and Our Special Partnership**

*My hopes for the visit and our special partnership, is for our partnership to last and one day we could still have a chance to come back, and you come visit us too. My dreams would be for you guys to help us when we complete our grade 12 to get scholarships and further our studies and get better education and to become family friends. I want us to know more about you, experience a lot of things together and this will be unforgettable times of our life. One thing that excites me is that I get a chance to go abroad and get to see countries outside Africa especially UK a country I never thought or dreamed off in my life, it's exciting. What excites me most again is that I will get to know you guys, learn and experience your culture and going around town and seeing the nature of your country.*



**Global Citizens in the Making - Getting to Know You.**

### **Personal Biography**

**Name:** *Marceline Kandjimi*

**Age:** *15 years old*

**Family information:** *I have 7 siblings, 4 from my dad and 3 from my mom. At my dad's side I'm the fourth born and at my mom I'm the last born. I live with my mom and my 2 sisters and brother.*

**Places where I have lived:** *I was born and raised in Rundu since I was a little girl.*



### **My favourite quotation:**

*My favourite quotation said by one of my teachers Mr Thomas is that "preparing well means starting early" and it has really helped me in my life.*

### **My Inspirational Figure:**

*My inspirational figure is my mom Nangura Ludgella because she has taught me that in life you are never too old to achieve your goals. She has also taught me to be self dependent and has also taught me to be hard working.*

### **My Vision and Commitment towards a Better World.**

*I want to become an independent and educated person in life and I want to pursue my dream of becoming a doctor. My vision is to become a responsible and hardworking person and also I want to be experiencing new and interesting things so that I am able to motivate others and speak from experience such opportunities and when I start working I will be able to donate to charities, to help the poor and to end hunger and poverty in my community and this will only happen if I am determined and I get a scholarship.*

### **My Hopes for the Visit and Our Special Partnership**

*What excites me most is that I will experience new things and I stand a chance of getting a scholarship to study abroad and I hope our partnership will last for a long time and I am also able to motivate and be an inspirational figure to other people so that they work hard and achieve their dreams.*



**Global Citizens in the Making - Getting to Know You.**

### **Personal Biography**

**Name:** *Mercy Mungeli*

**Age:** *16 years old*



**Family information:** *My family consist of 7 members which are my mother, 4 brothers, a sister and I.*

**Places where I have lived:** *I was once in Zambia with my parents when I was 2 years old. Later life became tough because my daddy was arrested. After 5 years my mother decided to call my grandma in Namibia telling her that we were going there the next week. So after a week we came to Namibia and left there forever.*

### **My favourite quotation:**

*My favourite quote is as follow: DONT LET BAD DAYS TO MAKE YOU FEEL LIKE YOU HAVE A BAD LIFE. The reason why I like this quotation is because I once had a bad day and I felt as if I have a bad life, but letter I realised it was not so.*

### **My Inspirational Figure:**

*I was inspired by my teacher when I was in grade 5. My teacher is a very kind and she always loved going to church and singing gospel songs. She always loved teaching me good things about life and how a good learner should behave among others and among teachers in order to have a successful life. I am glad I was inspired by her.*

### **My Vision and Commitment towards a Better World.**

*Seven years from now I want to become a doctor to take a very good care of sick people and also a good care of my parents. I want to be a respected person in the future and also want people to have freedom in the country for our nation to go abroad.*

### **My Hopes for the Visit and Our Special Partnership**

*I am glad that I have this opportunity to express all my hopes for this visit. I hope to have special friends that am going to enjoy with. I also hope to get a best friend who is trust worthy. I hope our partnership will be real and we will co-operate with one another for our world to go ahead with peace and happiness.*



**Global Citizens in the Making - Getting to Know You.**

### **Personal Biography**

**Name:** *Olavi Simbombo*

**Age:** *14 years old*



**Family information:** *My family consist of 8 members, which are me my mother, father, my 3 elder brothers, 2 younger brothers and my cousin. I was born in 09/09/2001.*

**Places where I have lived:** *I lived in Rundu, Millenium Park. Millenium Park is a nice place were there are many cool guys and it was the place I was born and raised.*

### **My favourite quotation:**

*"If life gives you a hundred reason to cry, show life that you have a thousand reason to smile."*

### **My Inspirational Figure:**

*I was inspired by my mother she has great faith in god we go together to church. She teach me to pray. Thank to her I have deep spiritual roots and hopefully. Again thank to her inspiration and encouragement throughout my life. I am just going to United Kingdom this year and thank to her prodding when I was young.*

### **My Vision and Commitment towards a Better World.**

*My vision and commitment toward a better world is that I want to become a doctor and a kind doctor who loves his people. I would like to create a television that do not uses electricity so that things can be easily for our grandparents at the villages.*

### **My Hopes for the Visit and Our Special Partnership**

*My hope for a visit is to have friends that are trusted and friends that can not betrayed each other and that give advices to each other and I hope that we have a special partnership .*



**Global Citizens in the Making - Getting to Know You.**

**Personal Biography**

**Name:** *Oliver (S-cube) Shirunda*

**Age:** *17 years old*



**Family information:** *I lost my both parents and we were born four brothers with no sister at all. I am the second born. My two brothers are also is school just like me and the last born is still a year old being taken care by our Aunt.*

**Places where I have lived:** *I was born in Rundu and I haven't left Rundu before to go and live somewhere far apart from only visiting the nearest places in the same region of Kavango, where Rundu is, and coming back to Rundu.*

**My favourite quotation:**

*My favourite quotation adapted from my favourite teacher is "Be nice to people on your way up because you might meet them on your way down." This quote has inspired me to be who I'm currently, a person who is nice to people be it in their good times and also bad times. This quote helps me to help people even when I'm not in the mood exactly when I think of it.*

**My Inspirational Figure:**

*My Inspirational Figure is my ICT teacher, Mr. Luneta J.K, I love the way he lives his life and I also want to live it. One thing that he does which makes me inspire him is that he makes music in the genre that I love, reggae. Not only making music, just as his name "Luneta" goes which means musical instruments, he knows how to play almost every musical instrument. So I want to be like him, singing songs and playing music.*

**My Vision and Commitment towards a Better World.**

*My vision is that I may one day become a Chartered Accountant and work in a very big and rich company as I love Accounting very much. I even want to further my studies doing Accounting and also make my kids to choose studying Accounting when I have some. My commitment towards a better world is that I may help poor families out there. Not only poor families but also extend the help to helping organizations and poor countries that needs help.*

**My Hopes for the Visit and Our Special Partnership**

*My hopes for the visit is that I may know more about ACS, it's students and teachers. I also hope to learn more about their culture and also how everything happens in UK. I also hope that I end up having a scholarship to further my studies in UK, hopefully at ACS. I also want to see things in UK with my own eyes, like the London bridge, the Planetarium and the London eye, which I only see on media. My hopes for our special partnership is that it may not die at all. And I hope this visit is not the last visit but just the beginning. I hope our partnership may link me to knowing more about UK!.*